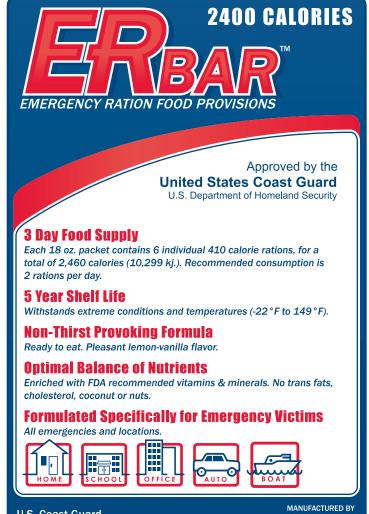
New Zip-Close RESEALABLE PACKAGING





2400 CALORIES

Nutrition Facts

Serving Size 3 oz. (85g) Servings Per Container 6

Calories 410	Calories from Fat 170
	% Daily Value*
Total Fat 19g	29%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 52g	17%
Dietary Fiber 2g	8%

Sugars 16g Protein 7g

Fiotelli /g	
Vitamin A 40%	 Vitamin C 40%
Calcium 8%	 Iron 50%
Vitamin D 0%	 Vitamin E 15%
Vitamin K 40%	Thiamin 60%
Riboflavin 50%	 Niacin 50%
Vitamin B6 40%	 Vitamin B12 40%
Biotin 40%	 Pantothenic Acid 40%
lodine 40%	 Zinc 40%
Copper 50%	
*Percent Daily Values are	based on a 2 000 calorie diet. Your

For more information: 1-800-2-PREPARE QuakeKare.com

Item #1A



DO NOT EAT IF SEAL IS BROKEN

INGREDIENTS: Bleached, Enriched Flour (Wheat Flour, Malted Barley Flour, Iron, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Sugar, Corn Syrup, Soy Flour, Cornstarch, Natural and Artificial Flavors, Calcium Propionate, Dextrose, Yellow 5, Yellow 6, Ascorbic Acid (Vitamin C), dl-Alpha Tocopherol Acetate (Vitamin E), Maltodextrin, Niacinamide, Electrolytic Iron, Zinc Oxide, Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride (Vitamin B6), Copper Gluconate, Riboflavin (Vitamin B2) Thiamine Mononitrate (Vitamin B1),

Biotin, Potassium Iodide, Vitamin K1,

Contains Soy, Wheat.



Cholecalciferol (Vitamin

Cyanocobalamin (Vitamin B12),

Quake Kare 10440 Trenton Ave. Saint Louis, MO 63132 www.QuakeKare.com

Date of Manufacture:

Lot Number:

Expiration Date:

U.S. Coast Guard Approval #160.046/28/0 Meets International Coast Guard & SOLAS 74/83 Requirements MANUFACTURED BY

Net Wt. 18 oz. (510 g.)